

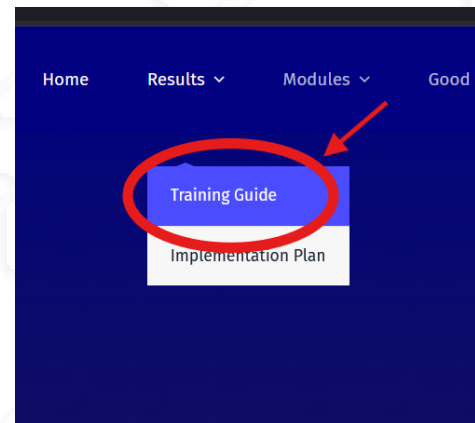


## Guidelines of the Platform

You are at the [XXIAdults](#) project's web platform! Here, you can access a wealth of resources designed to support adult education centres to evaluate and reshape their training strategies in response to emerging trends. Explore:

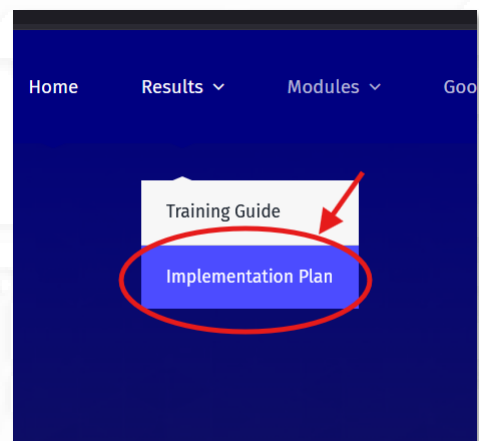
### A Training Guide

A comprehensive Guide that combines research, theory, and practice, which presents key approaches in adult education and offers four thematic modules focused on digital learning, creativity, social and intergenerational cooperation, and inclusion. This Guide serves as a bridge between knowledge and application — a practical tool that supports educators and learning centres in implementing innovative solutions.



### An Implementation Plan

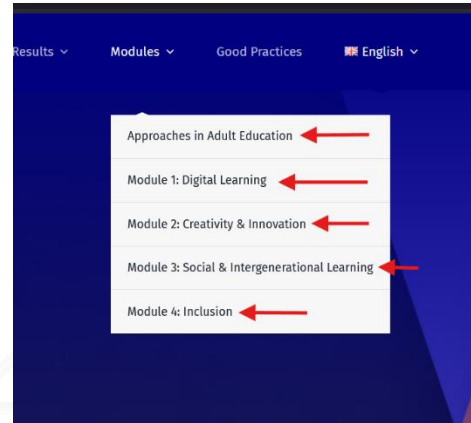
A Training Programme Pilot Guide that serves as a structured framework designed to modernise adult education by testing and validating innovative pedagogical approaches. It builds upon the XXI Adults Training Guide and is designed to support adult education centres, trainers, and partner organisations in the systematic implementation, monitoring, and evaluation of four thematic modules: *Digital Learning; Creativity and Innovation; Social and Intergenerational Learning; and Inclusion.*





## 4 Modules, plus Approaches in Adult Education

Four thematic modules corresponding to key areas of adult education: *Digital Learning; Creativity and Innovation; Social and Intergenerational Learning; and Inclusion*. Each module includes Introduction & Rationale, What learners will learn / Skills & Competences gained, Theoretical Justification, and 3 examples of Good Practices which are examples of best practices applied in Adult Education Centres that address the specific theme of the module. In this section you can also find *Approaches in Adult Education* that include *Learning by Doing, Intergenerational Learning, Community-based Learning, Digital & Blended Learning, Peer Learning, Mentoring / Coaching, Cultural / Creative approaches, and Collaborative / Partner-based approaches*, along with applied Good Practices related to each kind of approaches.



## 30 Good Practices

30 best practices that have been successfully implemented in Adult Education Centres and serve as concrete examples of comprehensive, applied practices that can be implemented as is or adapted to contribute to the innovation and modernization of adult education.

Above the good practices you will find 8 filters:

- [Adults with low qualifications](#)
- [General adult population](#)
- [Migrants / Refugees](#)
- [NEETs](#)
- [Older adults](#)
- [Other vulnerable groups](#)
- [People with disabilities](#)
- [Women](#)



Each filter is tailored to show you only the good practices that are relevant to each filter you applied.





When you enter each good practice you will find a **Download PDF** button to download the corresponding file.



And of course, the website is Multilanguage. It's translated into all the languages of the project partners.

